

Email Links for Staff Leads

[Amanda Honsey](#)

[Derek Schiebel](#)

[Emily Carr](#)

[Keagan Angevin](#)

[Kelly Monicatti](#)

[Taylor Downey](#)

SOMN 2025 Competition Deadlines (January-April)

*Quota and registration windows will close at the end of the day of the dates listed.

| SOMN Staff Lead | Date | Competition | Location | Quota Due* | Registration Due* | Errors & Exceptions Due |
|-----------------|---------------|----------------------------|-----------------|-------------|-------------------|-------------------------|
| Keagan | January 25-26 | Metro Poly Hockey | Golden Valley | December 15 | January 5 | January 13 |
| Taylor | February 1 | Metro Snowshoe | Orono | December 22 | January 12 | January 20 |
| Amanda | February 15 | Alpine/Snowboard Qualifier | Taylors Falls | January 5 | January 26 | February 3 |
| Derek | March 2 | State Snowshoe | Taylors Falls | January 12 | February 2 | February 10 |
| Amanda | March 2 | State Alpine/Snowboard | Taylors Falls | January 12 | February 2 | February 17 |
| Amanda | March 8 | State Powerlifting | Stillwater | January 19 | February 9 | February 17 |
| Keagan | March 8-9 | State Poly Hockey | Stillwater | January 19 | February 9 | February 17 |
| Derek | April 5 | West Swimming | Collegeville | February 23 | March 16 | March 24 |
| Kelly | April 6 | South Swimming | Rochester | February 23 | March 16 | March 24 |
| Keagan | April 12 | South Basketball | St. Peter | March 2 | March 23 | March 31 |
| Amanda | April 13 | Metro Swimming – West | Eden Prairie | March 2 | March 23 | March 31 |
| Emily | April 17 | West Basketball | Fergus Falls | March 9 | March 30 | April 7 |
| Derek | April 19 | Metro Basketball – South | Prior Lake | March 9 | March 30 | April 7 |
| Derek | April 26 | Metro Basketball – North | Rogers | March 16 | April 6 | April 14 |
| Keagan | April 26 | Metro Swimming – East | St. Paul | March 16 | April 6 | April 14 |
| Amanda | April 27 | Metro Basketball – East | White Bear Lake | March 16 | April 6 | April 14 |

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[Zak Armstrong](#)

SOMN 2025 Competition Deadlines (May-June)

*Quota and registration windows will close at the end of the day of the dates listed.

| SOMN Staff Lead | Date | Competition | Location | Quota Due* | Registration Due* | Errors & Exceptions Due |
|-----------------|------------|--|-----------------|------------|-------------------|-------------------------|
| Amanda | May 3 | North Swimming | Bemidji | March 23 | April 13 | April 21 |
| Keagan | May 3 | Southwest Track | Redwood Falls | March 23 | April 13 | April 21 |
| Amanda | May 4 | North Basketball | Hibbing | March 23 | April 13 | April 21 |
| Kelly | May 10 | West Track | Cold Spring | March 30 | April 20 | April 28 |
| Derek | May 10 | Metro Track – South | Apple Valley | March 30 | April 20 | April 28 |
| Amanda | May 11 | Southeast Track | Rochester | March 30 | April 20 | April 28 |
| Derek | May 16 | Northwest Track | Detroit Lakes | April 6 | April 27 | May 5 |
| Keagan | May 17 | North Track | Grand Rapids | April 6 | April 27 | May 5 |
| Emily | May 17 | Metro Track – North | White Bear Lake | April 6 | April 27 | May 5 |
| Keagan | June 7 | State Basketball (Skills and Unified Full Court) | Shakopee | April 20 | May 11 | May 19 |
| Keagan | June 20-22 | State Basketball (Traditional Full Court and Half Court) | Minneapolis | May 4 | May 26 | June 2 |
| Zak | June 20-22 | State Track & Field | Minneapolis | May 4 | May 26 | June 2 |
| Derek | June 21 | State Gymnastics | Minneapolis | May 4 | May 26 | June 2 |
| Amanda | June 21-22 | State Swimming | Minneapolis | May 4 | May 26 | June 2 |

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SOMN 2025 Competition Deadlines (July-August)

*Quota and registration windows will close at the end of the day of the dates listed.

| SOMN Staff Lead | Date | Competition | Location | Quota Due* | Registration Due* | Errors & Exceptions Due |
|-----------------|--------------|------------------------|---------------|------------|-------------------|-------------------------|
| Taylor | July 12 | West Bocce | Alexandria | June 1 | June 22 | June 30 |
| Amanda | July 19 | Metro Softball – South | Prior Lake | June 8 | June 29 | July 7 |
| Derek | July 20 | South Bocce | Faribault | June 8 | June 29 | July 7 |
| Amanda | July 20 | Metro Softball – North | Coon Rapids | June 8 | June 29 | July 7 |
| Keagan | July 26 | Metro Bocce – West | Eden Prairie | June 15 | July 6 | July 14 |
| Keagan | July 27 | Metro Bocce – East | West St. Paul | June 15 | July 6 | July 14 |
| Taylor | July 28 | Metro Golf - South | Hastings | June 15 | July 6 | July 14 |
| Taylor | July 29 | Metro Golf - North | Blaine | June 15 | July 6 | July 14 |
| Amanda | August 1 | North Golf | Alexandria | June 22 | July 13 | July 21 |
| Taylor | August 9 | State Tennis | St. Paul | June 22 | July 13 | July 21 |
| Amanda | August 15-17 | State Softball | Woodbury | June 29 | July 20 | July 28 |
| Derek | August 16-17 | State Bocce | Woodbury | June 29 | July 27 | July 31 |
| Keagan | August 24 | State Golf | Oakdale | July 6 | August 3 | August 7 |

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SOMN 2025 Competition Deadlines (September-November)

*Quota and registration windows will close at the end of the day of the dates listed.

| SOMN Staff Lead | Date | Competition | Location | Quota Due* | Registration Due* | Errors & Exceptions Due |
|-----------------|----------------|--------------------------------------|---------------|--------------|-------------------|-------------------------|
| Keagan | September 13 | Metro Flag Football (Areas 7-11) | West St. Paul | August 3 | August 24 | September 2 |
| Derek | September 14 | Metro Flag Football (Areas 12-13) | West St. Paul | August 3 | August 24 | September 2 |
| Keagan | September 27 | North Cornhole | St. Cloud | August 17 | September 7 | September 15 |
| Amanda | October 5 | South Cornhole | Northfield | August 24 | September 14 | September 22 |
| Taylor | October 10-12 | State Flag Football | Woodbury | August 24 | September 14 | September 22 |
| Taylor | November 14-16 | State Bowling | Brooklyn Park | September 28 | October 19 | October 27 |
| Derek | November 15-16 | State Bowling | Bloomington | September 28 | October 19 | October 27 |
| Keagan | November 15-16 | State Bowling | Lakeville | September 28 | October 19 | October 27 |
| Amanda | November 15-16 | State Bowling | Welch | September 28 | October 19 | October 27 |
| Taylor | November 22-23 | State Bowling | Mankato | September 28 | October 26 | November 3 |
| Amanda | November 22-23 | State Bowling | Duluth | September 28 | October 26 | November 3 |
| Keagan | November 22-23 | State Bowling | Alexandria | September 28 | October 26 | November 3 |
| Derek | November 22-23 | State Bowling | Brainerd | September 28 | October 26 | November 3 |