

Competition Leads (who to contact with specific questions regarding the competition):

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SOMN 2024 Competition Deadlines (January-April)

*Quota and registration windows will close at the end of the day of the dates listed.

Date	Competition	Location	Quota Due*	Registration Due*	Errors & Exceptions Due
January 27-28	Metro Poly Hockey	Golden Valley	December 17	January 7	January 15
February 3	Metro Snowshoe	Orono	December 17	January 14	January 22
February 4	Alpine/Snowboard Qualifier	Taylor Falls	December 17	January 14	January 22
February 25	State Winter Games	Taylor Falls	January 2	January 28	February 5
March 9	State Powerlifting	Stillwater	January 21	February 11	February 19
March 9-10	State Poly Hockey	Stillwater	January 21	February 11	February 19
April 13	Metro Basketball – East	White Bear Lake	March 3	March 24	April 2
April 14	West Swimming	Collegeville	March 3	March 24	April 2
April 18	West Basketball	Fergus Falls	March 10	April 1	April 8
April 20	Metro Basketball – North	Rogers	March 10	April 1	April 8
April 20	Metro Swimming – East	St. Paul	March 10	April 1	April 8
April 21	Metro Basketball – South	Hastings	March 10	April 1	April 8
April 21	South Basketball	Mankato	March 10	April 1	April 8
April 27	Metro Swimming – West	Eden Prairie	March 17	April 7	April 15
April 27	North Swimming	Bemidji	March 17	April 7	April 15
April 28	South Swimming	Rochester	March 17	April 7	April 15
April 28	North Basketball	Hibbing	March 17	April 7	April 15

SOMN 2024 Competition Deadlines (May-June)

*Quota and registration windows will close at the end of the day of the dates listed.

Date	Competition	Location	Quota Due*	Registration Due*	Errors & Exceptions Due
May 4	Metro Track – North	White Bear Lake	March 24	April 14	April 22
May 4	Southwest Track	Redwood Falls	March 24	April 14	April 22
May 11	West Track	Cold Spring	April 1	April 21	April 29
May 12	Southeast Track	Rochester	April 1	April 21	April 29
May 17	Northwest Track	Detroit Lakes	April 7	April 28	May 6
May 18	Metro Track – South	Apple Valley	April 7	April 28	May 6
May 18	North Track	Grand Rapids	April 7	April 28	May 6
June 15-16	State Gymnastics	Lakeville	April 28	May 19	May 28
June 15-16	State Swimming	Lakeville	April 28	May 19	May 28
June 21-23	State Basketball	Stillwater	May 5	May 27	June 3
June 21-23	State Track & Field	Stillwater	May 5	May 27	June 3

SOMN 2024 Competition Deadlines (July-November)

*Quota and registration windows will close at the end of the day of the dates listed.

Date	Competition	Location	Quota Due*	Registration Due*	Errors & Exceptions Due
July 13	West Bocce	Alexandria	June 2	June 23	July 1
July 14	South Bocce	Faribault	June 2	June 23	July 1
July 20	Metro Softball – South	Prior Lake	June 9	June 30	July 8
July 21	Metro Softball – North	Coon Rapids	June 9	June 30	July 8
July 21	Metro Bocce – West	Eden Prairie	June 9	June 30	July 8
July 26	North Golf	Alexandria	June 16	July 7	July 15
July 27	Metro Bocce – East	West St. Paul	June 16	July 7	July 15
July 29	Metro Golf - North	Blaine	June 16	July 7	July 15
July 29	Metro Golf - South	Hastings	June 16	July 7	July 15
August 3	State Tennis	St. Paul	June 16	July 7	July 15
August 9	State Equestrian	North Branch	June 23	July 14	July 22
August 16-18	State Softball	Woodbury	June 30	July 21	July 29
August 17-18	State Bocce	Woodbury	June 30	July 21	July 29
August 25	State Golf	Oakdale	July 7	July 28	August 5
September 7-8	Metro Flag Football	West St. Paul	July 28	August 18	August 26
September 14	North Flag Football	Cohasset	August 4	August 25	September 3
October 11-13	State Flag Football	Woodbury	August 25	September 15	September 23
November 15-17	State Bowling	*See Below*	September 29	October 20	October 28
November 22-24	State Bowling	*See Below*	September 29	October 27	November 4

First weekend bowling venues: Brooklyn Park (15-17), Lakeville (16-17), Bloomington (16-17), Welch (16-17)

Second weekend bowling venues: Thief River Falls (22-23), Duluth (23-24), Alexandria (22-23/24), Mankato (23-24)